# Dr Chrissie Robertson BA DipRM DClinPsych CPsychol



## **CONTACT**



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## PROFESSIONAL QUALIFICATIONS

## **Cognitive Analytic Therapy Skills Training**

**ACAT** 

2012

### **Mental Health First Aid Instructor**

MIND Cymru

2009

#### **Doctorate in Clinical Psychology**

University of Wales Cardiff

2005

#### Degree in Psychology

University of Wales Swansea

2000

#### **Higher Diploma in Research Methods**

Cheltenham & Gloucester College

1998

## PROFESSIONAL MEMBERSHIPS

Chartered Psychologist & member of the British Psychological Society (108374)

Practitioner Psychologist with the Health & Care Professions Council (PYL22753)

## TYPICAL AREAS OF INVOLVEMENT

Cognitive assessment

Personal Injury (Adults and Children), Mental capacity, Complex trauma & PTSD Psychosis / schizophrenia, Self-harm & suicide, Sexual abuse & Depression

Risk assessment for violence/sexual violence Personality disorder, Psychopathy, Assessment/therapy with adults in secure settings, Cognitive Behavioural Therapy, Autism and Learning Disability, Anxiety disorders

### **PROFESSIONAL EXPERIENCE**

#### **Principal Clinical Psychologist**

2010 - 2016

Hywel Dda Local Health Board.

Responsible for development and provision of inpatient forensic mental health services for the Health Board. Role includes: assessment and formulation of complex cases, risk assessment, engagement, individual therapeutic work, offence work, family work, cognitive assessment, working with staff team in formulation and care planning, supervision, training, consultancy, service development.

#### **Consultant Clinical Psychologist**

2009 - 2010

Surehaven Independent Hospitals.

Responsible for development and provision of psychological services to three separate units across Bristol and Pembrokeshire: a low secure psychiatric hospital for working age adults, a secure hospital for older adults with organic brain injury and challenging behaviour, and a community group home for adults with learning disabilities.

#### **Clinical Psychologist**

2007 - 2009

Pastoral Cymru Ltd.

Set up psychology service to a newly established private low secure hospital for adults with complex mental health issues, forensic histories, and substance misuse. Duties included assessment and formulation of complex cases, individual and group therapeutic work, family work, offence-related work, risk assessment, staff training and development.

## **Clinical Psychologist**

2005 - 2007

Pembrokeshire & Derwen NHS Trust.

Split post: (i) Psychologist to Community Mental Health Team, providing psychological assessment and therapy to individuals and also supervision/consultancy to other mental health professionals; (ii) Service development role in setting up a new Primary Care Mental Health Service for Ceredigion.

## **Trainee Clinical Psychologist**

2002 - 2005

South Wales Doctoral Course in Clinical Psychology.

Core placements in adult mental health, child & adolescent, learning disability, older adults and specialist placement in Cognitive Analytic Therapy.

**CLINICS:** Swansea



## **CURRENT TRAINING**

Completed Expert Witness Training Seminars (The Role and Duty of the Expert Witness; Skills in Report Writing; Skills in preparing Joint Statements; Crossexamination and Courtroom Skills)

